



Shrove Tuesday Pancake Supper

Tuesday February 24
5:00 pm – 6:30 pm

We have been eating pancakes at St. Luke's
on Shrove Tuesday
for as long as most parishioners can remember.
Any idea why?

The word "shrove" comes from "shrive"
which means to confess.

In the Middle Ages,
people would confess their sins so that they were
forgiven before the season of Lent began.

These last three days before the beginning of Lent
was known as Shrovetide.

Shrove Sunday (today) was Quinquagesima Sunday
and is the 50th day before Easter.

Shrove Monday was Collop Monday
and is named after the traditional dish
of collops of bacon served with eggs.
Bacon provides the fat for the next day's pancakes.

Shrove Tuesday was Pancake Day.
On this day all fat, cream, & eggs had to be used up
because they were forbidden during the Lenten fast.

Traditionally, Lent is a time of abstinence.

Shrove Tuesday
is the last chance to indulge yourself and
to use up the foods that aren't allowed in Lent.

For planning purposes we are asking that you
purchase your tickets (\$3.00 each)
in advance—if at all possible.

Christy Keller is coordinating this event.
Please see her for your tickets today.



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